

## PARENT CHILD SWIM LESSONS

This 30-minute class was developed to help young children get ready to swim by emphasizing fun in the water. Parents and children participate in several guided practice sessions that help kids learn elementary swimming skills including water entry, bubble blowing, front/back kicking, front/back floating, underwater exploration and more.

### YOUTH: AGES 6 MONTHS TO 3 YEARS

SATURDAYS	SEPT 12–OCT 3	8:45–9:15 AM / 9:45–10:15 AM	\$25 (MEM) / \$30 (NON)
MONDAYS	SEPT 14–OCT 5	9:30–10:00 AM	\$25 (MEM) / \$30 (NON)
SATURDAYS	OCT 10–OCT 31	8:45–9:15 AM / 9:45–10:15 AM	\$25 (MEM) / \$30 (NON)
MONDAYS	OCT 12–NOV 2	6:00–6:30 PM	\$25 (MEM) / \$30 (NON)
SATURDAYS	NOV 7–DEC 5*	8:45–9:15 AM / 9:45–10:15 AM	\$25 (MEM) / \$30 (NON)
MONDAYS	NOV 9–NOV 30	6:00–6:30 PM	\$25 (MEM) / \$30 (NON)
MONDAYS	JAN 4–JAN 25*	6:00–6:30 PM	\$19 (MEM) / \$24 (NON)
SATURDAYS	JAN 9–JAN 30	8:45–9:15 AM / 9:45–10:15 AM	\$25 (MEM) / \$30 (NON)
MONDAYS	FEB 1–FEB 22*	6:00–6:30 PM	\$19 (MEM) / \$24 (NON)
SATURDAYS	FEB 6–FEB 27	8:45–9:15 AM / 9:45–10:15 AM	\$25 (MEM) / \$30 (NON)

\*No classes November 28, January 18 or February 15

## YOUTH SWIM LESSONS

To help with your busy schedule we have adapted our swim lessons to fit your families needs. To sign-up, simply choose a day and time, register all of your children for the same class, and we'll take care of the rest! On the first day the children will be tested and divided into groups by skill level. Once divided, the instructor will challenge your child from where they are, making sure that water safety and basic skills are reinforced and built on. They will work on floats, glides, the 6 swimming strokes and more. Each class is 45 minutes.



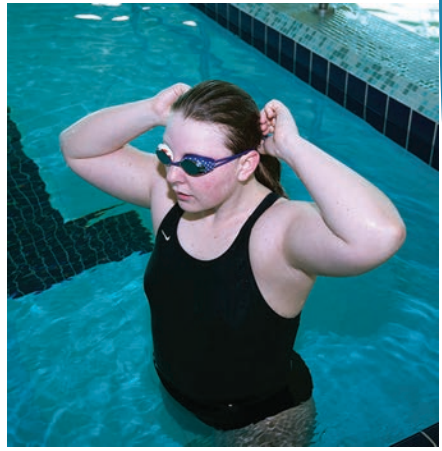
### YOUTH: AGES 3-13

SATURDAYS	SEPT 12–OCT 3	8:45–9:30 AM / 9:45–10:30 AM / 10:45–11:30 AM	\$28 (MEM) / \$33
MON & WED	SEPT 14–OCT 7	6:00–6:45 PM	\$56 (MEM) / \$66
TUES & THURS	SEPT 15–OCT 8	10:00–10:45 AM	\$56 (MEM) / \$66
SATURDAYS	OCT 10–OCT 31	8:45–9:30 AM / 9:45–10:30 AM / 10:45–11:30 AM	\$28 (MEM) / \$33
MON & WED	OCT 12–NOV 4	6:00–6:45 PM	\$56 (MEM) / \$66
TUES & THURS	OCT 13–NOV 5	10:00–10:45 AM	\$56 (MEM) / \$66
MON & WED	NOV 9–DEC 2*	6:00–6:45 PM	\$49 (MEM) / \$59
TUES & THURS	NOV 10–DEC 3*	10:00–10:45 AM	\$49 (MEM) / \$59
SATURDAYS	NOV 7–DEC 5*	8:45–9:30 AM / 9:45–10:30 AM / 10:45–11:30 AM	\$24 (MEM) / \$29
MON & WED	JAN 4–JAN 27*	6:00–6:45 PM	\$49 (MEM) / \$59
TUES & THURS	JAN 5–JAN 28	10:00–10:45 AM	\$56 (MEM) / \$66
SATURDAYS	JAN 9–JAN 30	8:45–9:30 AM / 9:45–10:30 AM / 10:45–11:30 AM	\$28 (MEM) / \$33
MON–THURS	FEB 1–FEB 24*	6:00–6:45 PM	\$49 (MEM) / \$59
TUE & THURS	FEB 2–FEB 25	10:00–10:45 AM	\$56 (MEM) / \$66
SATURDAYS	FEB 6–FEB 27	8:45–9:30 AM / 9:45–10:30 AM / 10:45–11:30 AM	\$28 (MEM) / \$33

\*No classes November 25, 26, 28, January 18, or February 15

## TEEN & ADULT SWIM LESSONS

This class is for the very beginner to intermediate swimmer. We will teach all participants simple safety skills and swimming techniques, starting with simple floats and glides and working up to a beginner stroke on the front and back. Or if you are already a swimmer who wants to improve your current swimming strokes, we can challenge you where you are and assist in reaching your personal goals. *Please note, this class is not intended for the proficient swimmer.*



### TEENS & ADULTS: AGES 14+

TUESDAYS	SEPT 14–OCT 5	TUESDAYS	\$28 (MEM) / \$33 (NON)
TUESDAYS	OCT 12–NOV 2	TUESDAYS	\$28 (MEM) / \$33 (NON)
TUESDAYS	NOV 9–NOV 30	TUESDAYS	\$28 (MEM) / \$33 (NON)
TUESDAYS	JAN 4–JAN 25*	TUESDAYS	\$21 (MEM) / \$29 (NON)
TUESDAYS	FEB 1–FEB 22*	TUESDAYS	\$21 (MEM) / \$29 (NON)

QUESTIONS? CONTACT THE AQUATICS DEPARTMENT AT (574) 233-9471 EXT. 2249

## PRIVATE & SEMI-PRIVATE SWIM LESSONS

Private swimming lessons provide the greatest flexibility and one-on-one attention for swimmers of any age – children to seniors! If you have any further questions or would like to schedule a private lesson, contact the Aquatics Office.

**EMAIL US AT:** [myaquatics@usc.salvationarmy.org](mailto:myaquatics@usc.salvationarmy.org)

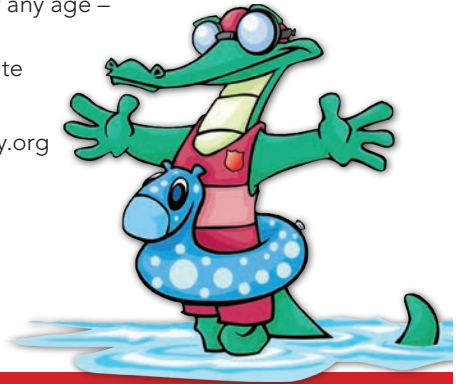
**CALL US AT:** (574) 233-9471 ext. 2249

**(1) 30-MINUTE SESSIONS.....\$18 / \$24**

**(4) 30-MINUTE SESSIONS.....\$72 / \$96**

**SEMI-PRIVATE LESSONS (2+ PARTICIPANTS)**

**(1) 30-MIN SESSION.....\$13 / \$18 PER PERSON**



## IMPORTANT AQUATIC TIMES TO REMEMBER!

- The Aquatic Center closes 30 minutes prior to the facility
- The water slide closes 30 minutes prior to the Aquatic Center
- The water slide opens at 4:00pm (Mon-Fri) but is closed during swim lessons
- The water slide opens at 12pm when South Bend schools are not in session

Visit [www.mykroc.org/hours](http://www.mykroc.org/hours) for more information.